

Kid's Menu

Last food orders at 2pm

(V) Vegan (GF) Gluten Free

Breakfast

DIPPY EGGS Two soft boiled free-range eggs served with homemade wholemeal soldiers	£4.25
MINI BANANA & BLUEBERRY PANCAKES (V, GF) Served with coconut yoghurt and homemade fruit compote with optional mixed nuts	£5.50
NOURISH HOMEMADE GRANOLA (V, GF) Made with sweet potato and cinnamon, served with coconut yoghurt and blueberries	£4.50
PEANUT BUTTER & BANANA TOAST (V) Rich roasted peanut butter on wholemeal toasted fingers topped with banana slices and chia seeds	£4.00

Lunch

MINI NOURISH BURGER (V) Served with sweet potato chips	£6.25
MINI SPINACH PANCAKES (V, GF) Served with lime and chilli butter and salad	£5.95
BEANS ON TOAST (V) Homemade tomato sauce and haricot beans on a slice of homemade wholemeal toast <i>Add melted mozzarella for £1.00</i>	£4.50
PIZZA Wholemeal pizza base with homemade tomato sauce and melted mozzarella. <i>Add mushrooms, olives, capers, red pepper or extra cheese for 50p per extra</i>	£4.50
PASTA PENNE Wholemeal penne topped with our homemade tomato sauce or our homemade pesto, sprinkled with grated cheddar or vegan cheese	£4.25

Desserts

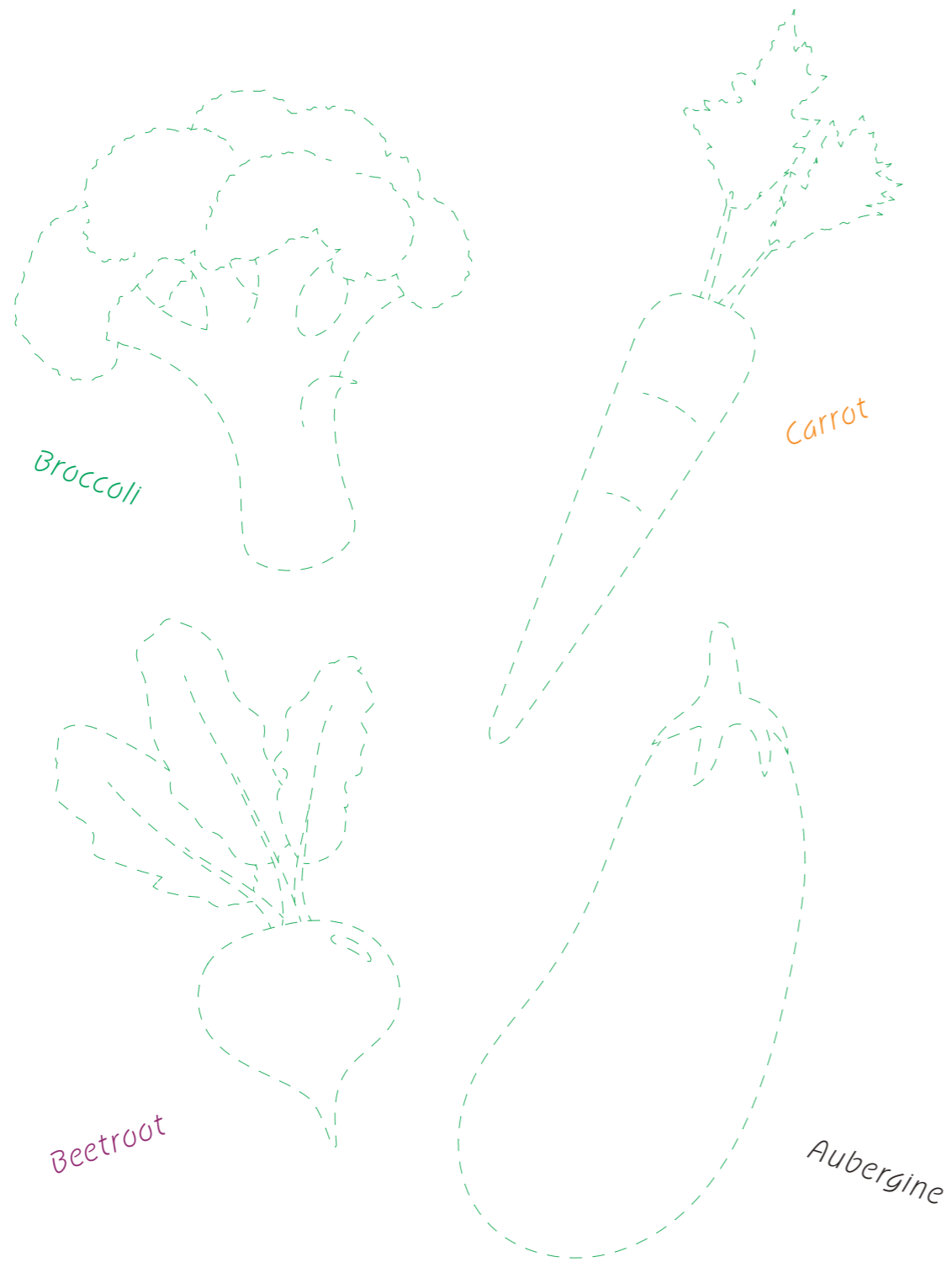
MINI BROWNIE (V)	£2.50
ICE LOLLY	£2.50
ICE CREAM AND FRUIT	£2.50

Drinks

FRUITY MOCKTAIL	£2.50
CAWSTONS JUICE DRINK	£1.85

LUNCH DEAL Any lunch dish, any dessert and any drink	£8.50
MINI ROAST MEALS	£6.95

Colour in the Veggies



Word Search

- Alfafa
- Apple
- Celery
- Cucumber
- Kale
- Lemon
- Mango
- Orange
- Quinoa
- Spinach

V	D	A	U	Z	D	I	X	C	M	C	L	C	L	J	F	C	J
L	W	I	Z	M	E	A	N	T	X	A	Y	E	P	W	F	U	H
Q	U	I	N	O	A	V	L	N	D	V	N	A	M	S	H	C	I
A	G	A	L	F	A	L	F	A	O	Z	C	G	U	O	B	U	J
T	E	K	A	S	M	U	E	O	R	I	N	E	O	M	N	M	E
Z	I	X	C	P	A	F	N	A	A	M	R	C	L	M	N	B	S
G	I	Z	H	I	K	A	L	E	N	D	Z	Q	R	E	G	E	O
T	A	A	T	N	R	Q	P	W	G	C	P	K	V	E	R	R	I
G	A	W	X	A	H	E	N	P	E	U	E	J	Z	W	J	Y	Q
D	H	H	D	C	Z	U	C	Z	L	L	Y	T	F	T	K	J	G
V	T	H	F	H	S	W	B	N	B	E	G	Z	Y	U	D	J	L
M	M	D	B	U	U	J	V	P	C	J	O	J	X	B	O	H	D

Escape the Pizza Maze

