



Natural Fertility

Reproflexology Training

- a two-part workshop for Reflexologists with Barbara Scott (winner of 2017 FHT Complementary Therapist of the Year) of Seren who specialises in the treatment of infertility, particularly for couples undergoing assisted fertility treatments such as IUI and IVF/ICSI

Part I

Date: Thursday 28th & Friday 29th June 2018

Day 1 - Introduction, Information Gathering-Client Questionnaire, Understanding the Menstrual Cycle, Lifecycle of a Sperm Cell, Chakra Balancing for Fertility, Tools and Techniques.

Day 2 - What Affects Our Fertility, Causes and Diseases - Male and Female, Diet/Nutrition and Lifestyle, Diagnostic Tools – Orthodox and Complementary, Endocrine and Reproductive Balancing

Part II

Date: Thursday 6th & Friday 7th December 2018

Day 1 - Advanced Male/Female Diagnostic Tests, Emotional Aspects to Consider, Medicated cycles, Intrauterine Insemination

Day 2 - In Vitro Fertilisation, Intracytoplasmic Sperm Injection, Reflexology and its Role. When to Treat and when NOT to Treat

Full course details can be found on the Seren website -

<http://www.serennaturalfertility.co.uk/>

Enquiries

Please contact either :

Jay Chandarana MAR MFHT on 07534199126

or

Seren Natural Fertility on 01267 290819

Everyone is welcome. Please let Jay know of any special needs and remember to pay the deposit to secure your place.