

THE LETCHWORTH CENTRE FOR HEALTHY LIVING

Silent Retreat

with Dr Neelam Taneja

Sunday, 6 May 9.30 for a 10.00 start-16.00





Using the magic of silence to create an inner sacred space.

Cost: £65 per person
£120 per couple/2 persons
(includes refreshments)

The Letchworth Centre for Healthy Living
Rosehill Hospital, Hitchin Road, Letchworth,
Hertfordshire SG6 3NA

Charity Registration No. 295219
Established 1984

Tel 01462 678804  

Website www.letchworthcentre.org

Email healthyliving@letchworthcentre.org

Opening hours Mondays to Fridays 09.00-20.30 Saturdays 09.00-15.30