



SUPPORTING CHILDREN & YOUNG PEOPLE WITH LOSS AND BEREAVEMENT

Tuesday 30th October 2018

6.30pm-8.30pm

at the Letchworth Centre for Healthy Living

Cost £8

Book online at [https://www.letchworthcentre.org/classes/
lunchtime-talks-and-workshops/](https://www.letchworthcentre.org/classes/lunchtime-talks-and-workshops/)
or call the Letchworth Centre on 01462 678804

The aim of this session is to discuss the impact of bereavement and loss, including divorce and separation. The session will include an overview of the psychological stages of loss and will explore strategies and ways of supporting children & young people who are going through this process.