

# The Letchworth Centre for Healthy Living

Charity Registration No. 295219 | Est. 1984

## Clinic Price List JANUARY 2019

Treatment	Therapist	First	Follow-Up
<b>ACUPUNCTURE</b>	Tim Stillwell	£45	£45
<b>EFT</b>			
60 minutes	Tanya Lovett	£60	£60
3 x treatments	Tanya Lovett		£165
4 x treatments	Tanya Lovett		£220
6 x treatments	Tanya Lovett		£300
<b>ENERGY PSYCHOLOGY</b>	Dr Phil Mollon	£60	£60
<b>HOMEOPATHY</b>	Francis Treuherz	£65	£45
	Sarah Hyatt	£75	£60
Mother & Baby (75 mins)	Sarah Hyatt	£90	£90
<b>HYPNOTHERAPY</b>	Lexia Allman	£55	£55
<b>NATUROPATHY</b>	Glenys Collings	£65	£48
	Harald Gaier	£75	£46
<b>MASSAGE</b>			
<b>Holistic / Swedish Massage</b>			
60 minutes	David Sheppard	£45	£45
	Emma Palfreman-Brown	£45	£40
90 minutes	David Sheppard	£60	£55
	Emma Palfreman-Brown	£60	£55
<b>Deep Tissue</b>			
60 minutes	David Sheppard	£45	
<b>Advanced Massage</b>			
60 minutes	Sophie Postollec	£48	£43
90 minutes	Sophie Postollec	£70	£65
<b>Sports Injury and Remedial Massage</b>			
60 minutes	Yasuko Hancock	£48	£43
<b>Facial Massage</b>	Sophie Postollec	£40	£40
<b>Aromatherapy Massage</b>			
60 minutes	Jay Chandarana	£55	£50
	Emma Palfreman-Brown	£55	£50
	Liz Burchill	£55	

<b>Aromatic Acupressure facial and head -40 mins</b>	Liz Burchill	<b>£40</b>	
<b>Back, Neck and Shoulder 30 minutes</b>	Jay Chandarana	<b>£45</b>	<b>£40</b>
	Emma Palfreman-Brown	<b>£45</b>	<b>£40</b>
<b>Hot Stone Massage</b>			
60 minutes	David Sheppard	<b>£50</b>	<b>£45</b>
<b>Indian Head Massage</b>			
45 minutes	Jay Chandarana	<b>£40</b>	<b>£40</b>
	Yasuko Hancock	<b>£40</b>	<b>£40</b>
	Sophie Postollec	<b>£40</b>	<b>£40</b>
	Emma Palfreman-Brown	<b>£40</b>	<b>£40</b>
<b>Manual Lymphatic Drainage (MLD)</b>	Mary Goodfellow	<b>£65</b>	<b>£65</b>
<b>Shiatsu</b>			
60 minutes	Marcia da Silva Pinto	<b>£45</b>	<b>£45</b>
4 x treatments	Marcia da Silva Pinto	<b>£160</b>	<b>£160</b>
<b>HOPI EAR CANDLING</b>	Sophie Postollec	<b>£40</b>	<b>£40</b>
	Jay Chandarana	<b>£45</b>	<b>£40</b>
<b>OSTEOPATHY</b>			
1st app't 45 minutes; follow-up 30 minutes	Trevor Cox	<b>£48</b>	<b>£43</b>
<b>ORTHOPATHY</b>			
1st app't 45 minutes; follow-up 30 minutes	Richard Starmer-Jones	<b>£48</b>	<b>£43</b>
<b>PODIATRY</b>			
Initial Podiatry– 45 mins follow up 30 mins	Ian Radford	<b>£45</b>	<b>£38</b>
Acupuncture for lower limb health assessment -90mins , follow up 60 mins		<b>£60</b>	<b>£45</b>
Foot and ankle Biomechanical Assessment 45 mins (for insoles)		<b>£45</b>	
Biomechanical 6 week review – 15 mins		<b>£20</b>	
<b>REFLEXOLOGY</b>			
60 minutes	Beverley Profit	<b>£43</b>	<b>£38</b>
	Jay Chandarana	<b>£43</b>	<b>£38</b>
	David Sheppard	<b>£43</b>	<b>£38</b>
30 minutes	Jay Chandarana	<b>£25</b>	<b>£20</b>
<b>REIKI</b>			
60 minutes	Sarah Cooper	<b>£45</b>	<b>£40</b>
	Jay Chandarana	<b>£45</b>	<b>£40</b>